

**FAMILY
SERVICE
BUREAU**

89th Annual Report

SERVING
NEWARK • BELLEVILLE •
IRVINGTON • WEST HUDSON



REPORT 1971

President's Message

Projects:

Mt. Carmel Guild

T.E.A.M.

Call to Learning

Neighborhood Counseling Program
Court

Summary of Operations

Problems Handled by Agency

Sources of Income

Income and Expenses

Board & Staff

PRESIDENT'S MESSAGE

DURING 1971, the Family Service Bureau of Newark, N. J. continued its expansion and exploration of the problems affecting the stability of the family and the home.

In 1971, the Bureau sustained and expanded its work with the Juvenile Court and retained its relationship with the Mt. Carmel Guild in its drug addiction program. It also continued its association with the Call To Learning Program, financed by a grant from the Victoria Foundation.

Also during the year, Family Service Bureau kept up its work with the United Community Corporation, in the project with the Urban League of Essex County, in the Neighborhood Counseling Program.

However, in 1971, the Family Service Bureau of Newark, N. J. concluded its contract on October 31, 1971 with the Concentrated Employment Program, known locally as TEAM.

Finally, the Family Service Bureau is indebted to the United Way of Essex & West Hudson for providing the financial help so important to developing and expanding the services to all.

It is my feeling, as President of the Board of Trustees, that family agencies because of their expertise in helping solve problems of families and individuals, will be called upon more and more to help with the solution of problems affecting our society, since the basis of solidarity and strength in a society is the home. Strong homes make strong society.

Virginia Voigt

PROJECT MOUNT CARMEL GUILD - 1971

FOR THE seventh year the Family Service Bureau has cooperated with the Mount Carmel Guild's program for the rehabilitation of narcotics users. The Guild's program is the only out-patient program for the treatment of addiction. The philosophy of the Guild and the Family Service Bureau is that only when an addict can meet his problem within his own community and in his own family can he really be said to be successfully rehabilitated.

The Family Service Bureau's role is to change and modify conditions in the family that may have contributed to the development of the problem as well as to change family attitudes that continue to prolong the problem. Families coming to the Guild for help are shocked, angered, depressed and frightened. They are torn apart as families and deeply disturbed as individuals. It is necessary to restore some measure of stability to the family and to their interrelationships before treatment of the addict can begin to be successful.

The Family Service Bureau social worker conducts two group therapy sessions each week of two hours each for families of addicts. In addition to this, during the past year the social worker has been meeting with girls who are narcotics users for individual counseling.

It is the objective of the Guild's program to make the addict accept that he alone is responsible for his own behavior and that in line with this responsibility he must accept the consequences of his behavior. Families are encouraged to loosen their over-protective attitudes and learn to let their sons and daughters grow up. For many this is a very difficult concept but those who have been in the program longest help newcomers and families gain strength from each other.

In 1971 there were 169 family group meetings

at the Guild. There were 86 different families involved. Over 3132 client hours of group therapy were completed since the family consultation sometimes included other relatives, and girl friends of the addict. 24 girls were given individual counseling and 9 are still in treatment.

PROJECT T.E.A.M.

Total Employment and Manpower Concentrated Employment Program

ON AUGUST 14, 1967, Family Service Bureau of Newark, New Jersey became one of the participating agencies in the Concentrated Employment Program with the Urban League of Essex County, the Board of Education of the City of Newark, the State Employment Service, and continued its participation in 1971.

The Concentrated Employment Program is referred to as TEAM (Total Employment and Manpower) in the Newark area. Family Service Bureau's responsibility has been to provide Sensitivity Training and Orientation to groups, plus family and personal counseling.

F.S.B. operated from three TEAM Centers located at Broadway, Springfield Avenue at Bergen Street and High Street in Newark, the Bureau gave 465 hours of Sensitivity Training and Orientation. In addition, the Family Service Bureau provided 275 families with counseling service for personal and family problems during and after the training period at the offices of the Family Service Bureau. Also, the Bureau's case aides, operating from three Centers, had 2,478 contacts with the enrollees, providing additional service during the

training period.

On 10-31-71, Family Service Bureau's contract with TEAM terminated.

CALL TO LEARNING: THE NEWARK-VICTORIA PLAN

THIS WAS Family Service Bureau's seventh year in the Newark-Victoria Plan, Call to Learning Project. This is a research study with the Newark Board of Education, Child Service Association and Youth Development Clinic, financed through a grant from the Victoria Foundation, in which Family Service Bureau works with families in the Central Ward area of the city. It is based upon the premise tested in an experimental plan which emphasized particular areas of curtailed intellectual functioning, so often experienced by many of the children of depressed socio-economic environment, may be prevented and may help in preventing academic failure.

During the year, Family Service Bureau worked with 85 families embracing 142 adults and 254 children. The problems presented were as varied as the children themselves. In its work with these families and children, numerous conferences with teachers, principals and other school personnel were held. Classroom observations gave the Bureau the opportunity to observe interaction of these children with their peers and their teachers. The children on the whole thrived on the individual attention and the teachers developed a deeper understanding of the problems some children bring to school with them.

In its attempt to alleviate the socio-economic problems of the children in the school, Family

Service Bureau enlisted the help of the court, clinics, welfare departments and other interested people, as well as the psychological and psychiatric services of the Board of Education. The Bureau also held many discussion group meetings in which parents were encouraged to discuss their problems at home, in the community and as they saw them at school.

NEIGHBORHOOD COUNSELING PROGRAM

NEIGHBORHOOD COUNSELING PROGRAM is a joint project with the Urban League of Essex County. The purpose is to help people within neighborhoods become aware through discussion groups of the services available to them and what they can do for themselves.

There were 1,072 individual family contacts made by the Neighborhood Counseling Program team in 1971. 225 families and individuals were counselled by Family Service Bureau for marriage and personal family problems.

Neighborhood Counseling Program demonstrated in 1971 that those who become involved in their neighborhood and community take a great deal of pride in their accomplishments. A continuing result of Neighborhood Counseling Program has been a constant uncovering of leadership qualities of those actively participating in this program.

As a project, Neighborhood Counseling Program has opened a new technique to family agencies which provides a much broader application both as an approach to the concerns of people as well as an approach to working with other agencies in the welfare field both public and private.

JUVENILE AND DOMESTIC RELATIONS COURT

DURING THE YEAR 1971, the Turrell Fund made it possible for the Family Service Bureau to continue and expand its work with the Essex County Juvenile Court. Judge Horace Belafatto, the presiding judge of the Juvenile Court, is keenly aware a child is subject to the influences of both his home and his environment and by modifying family attitudes this can often effect change in a child's behavior in spite of environmental conditions to which he is so often exposed.

At the direction of Judge Belafatto, certain children who would routinely come before the court on a charge of incorrigibility signed by a parent, are referred to the Family Service Bureau for study and evaluation. All of the parents signing the complaint are asked to make an appointment at Family Service Bureau with a social worker to explore the problem. This gives the parent an opportunity to express concerns and feelings openly and freely and often leads to knowledge about contributory conditions within the home causing the difficulty. Parental attitudes are important in rendering a decision if the child repeats an offense or gets into trouble with the police.

Boys in the age group 13 to 15 are assigned to a boys' group, meeting weekly at the Juvenile Court, conducted by an experienced male group leader from Family Service Bureau. The goal of these group meetings is to help them gain more self-confidence, a better self-image and a different outlook on life.

All girls and their parents, referred to Family Service Bureau, are selected on the same basis as the boys. At present the girls' group meets weekly at the offices of Family Service Bureau. Both boys and girls desiring private conferences with the girls' social worker or the boys' group leader are

free to ask for this and time is arranged for them.

At the end of a three or four month period, if a child has made progress and the home situation has improved, the original parental complaint is filed and the child is dismissed without a juvenile record.

In 1971, 169 families of juvenile offenders were provided with the services of the Bureau, which included, where indicated, casework treatment, counseling, group therapy.

SUMMARY OF OPERATIONS

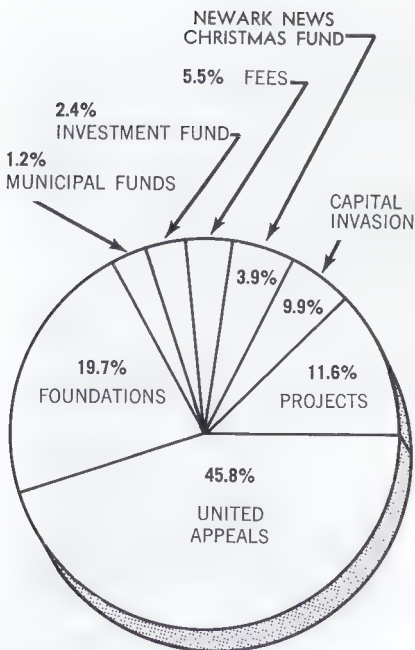
Families Served	2,190
Individuals Involved	10,172
In-Person Interviews	15,725
Telephone Interviews	12,098
Group Therapy Sessions	329
Group Educational Sessions	670
New Intake Applications per month	101

SOURCES OF REFERRAL (Families)

Cases carried over from Dec. 31, 1970 to Jan. 1971.....	524
Personal	177
Former client	176
Friend, relative, neighbor.....	189
Doctors	40
Clergy	50
Lawyers	47
Employers	39
Publicity	114
Courts, Probation Department.....	169
Schools	107
Agencies, Hospitals, Clinics	198
Projects Team — Enable.....	369
Total.....	<hr/> 2,190

PROBLEMS HANDLED BY THE AGENCY DURING THE PAST YEAR

- 1% Premarriage counseling
- 59% Family relationships
- 14% Counseling individuals regarding personal adjustments
- 2% Casework service to the unmarried mother
- 7% Counseling the parent who is widowed, separated or divorced
- 1% Counseling the older citizen
- 6% Handling of family problems in mental illness
- 3% Problems related to alcoholism
- 7% Problems related to drug addition



SOURCES OF INCOME

INCOME AND EXPENSES

YEAR 1971

INCOME

United Community Fund	\$110,000.00
Turrell Fund	30,866.00
Victoria Foundation	13,000.00
Fees for Services	7,700.00
Newark News Christmas Fund	9,554.00
Income from Investments.....	5,850.00
Project ENABLE	12,662.00
Project TEAM (Supervisory Reimbursement only)	6,036.00
George A. Ohl, Jr. Trust.....	1,000.00
Project Newark Fields.....	7,926.00
Purchase of Service.....	5,640.00
✕ Capital Invasion	23,840.00
Town of Kearny	3,000.00
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Total Income	\$240,012.00

EXPENSES

Casework Service to Families..	\$180,102.00
Psychiatrist	2,975.00
Fixed and Operating Expenses	39,203.00
Conferences and Travel	2,924.00
Building Repairs and Replacements	3,377.00
Dues	5,125.00
Retirement Fund	5,360.00
Direct Relief	946.00
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Total Expenses	\$240,012.00

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STAFF

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Director of Professional Services

MISS JEANNE BASILE

Social Worker

MR. THOMAS P. CASSELS, ACSW

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Social Worker

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Social Worker

MISS ELLEN DIVAN

Social Worker

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Social Worker — Project Coordinator

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Social Worker

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Social Worker

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Social Worker

MISS MILAGRAS C. SALAZAR

Social Work Assistant

MRS. PATRICIA SOBERING, ACSW**

Social Worker

MRS. MADELYN J. STANLEY, ACSW

Social Worker

RICHARD N. TAYLOR, M.D.

Psychiatric Consultant

*Academy of Certified Social Workers

**Resigned

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MR. PHILIP WECK

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MRS. HELEN GINLEY
MISS ANNA KUBIK
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MRS. ADA COLE
MRS. EMILIE FONSECA
MRS. CARRIE GRAVES
MRS. MAE MIX
MRS. BARBARA SPRATLING
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MRS. EVA STEWART

**THE FAMILY SERVICE BUREAU
OF NEWARK, NEW JERSEY, INC.**

NEWARK OFFICE:

15 Fulton Street

Phone 642-7790

BELLEVILLE OFFICE:

103 Belleville Avenue

Phone 759-1090

KEARNY OFFICE:

570 Kearny Avenue

Phone 991-1467